By Hon. William J. Cahill (Ret.)

After 10 years on the bench conducting settlement conferences, I anticipated that becoming a mediator would be easy. Seventeen years later, I am writing an article I could call “How To Do Mediations Wrong.” Mistakes have taught me what I can do better to help counsel and clients increase the likelihood of a successful mediation.

Like all good mediators, I have learned to keep all secrets and forget them the next day. I have found that I need to tell counsel and especially clients the truth of what I perceive to be strengths and weaknesses of a case (I do emphasize different things to different parties). I have learned to listen to all questions, especially from clients, and to answer those questions (or not) depending on the circumstances. I have learned to make sure the mediation gives the clients their “day in court.” If counsel and I do all that then the participants develop trust in the process, so that when it is time to “close,” the clients feel the mediation has been difficult, tiring, and stressful—but fair, so they are open to a resolution that makes them unhappy—but relieved.

Over the years I have been involved in simple, small two-party cases, large, complicated multi-party cases, and everything in between.

One mistake I’ve made is to look at a “simple” case and think “this will be easy.” I’ve learned there is no “simple” case. In all mediations, what happens that day is the most important thing that is happening in the client’s life. Sometimes it will affect them for the rest of their lives. All cases, big and small, are important, so treat every case seriously and recall that real people are affected by the mediation.

I’ve also learned that a full exchange of all unpleasant facts, arguments, and relevant personal issues is important; I ask counsel to help me on this. Litigation is already stressful for clients; mediation adds to that stress. The normal social “lubricant” of politeness is suspended. Clients need to hear unpleasant things—sometimes hurtful things. When that reality is handled well, the clients trust the process. But for that to happen, counsel must disclose all facts, good or bad, to the mediator and preferably to each other. That is the only way that lawyers can properly advise their clients what to do, which increases the chances of success. Sometime counsel wants to “keep something secret for the deposition.” I get it, but it interferes with our joint goal of settling the case.

“Surprises”—especially late in the day—severely reduce a client’s trust in the mediation process. Examples are a “smoking gun” document dis-

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Judge Cahill is based in the JAMS San Francisco Resolution Center. Visit www.jamsadr.com/cahill or call 415.982.5267.
closed near the end of a mediation, a demand
to change a plaintiff’s personnel file to show a
resignation instead of a termination, a request
that a settlement can be paid over time with no
security, a request for a client to exercise ex-
pired stock options, and a request in an IP case
for a future license (especially if it extends to all
patents in the plaintiff’s portfolio). Last-minute
demands for a written apology have blown up
settlements. My policy, which I want all counsel
to adopt, is: “disclosure of all bad news is great,
but surprises are not.”

I’ve also made the mistake of not asking coun-
sel at the start of the day about the “minor
details” necessary for settlement. Now I ask the
lawyers early in the day to think about what
type of release will be requested, will it be mu-
tual, will it include a waiver of unknown claims,
or must there be a limited release (e.g. a bank
doesn’t want to accidentally release an unre-
lated credit card debt, or a carrier doesn’t want
this settlement affecting other policies that
have been issued). Also, what do we do about
releasing certain individuals by name?

I have learned that counsel need to help the
mediator know his or her audience. I once
started a mediation by reporting that I read the
briefs and saw several weaknesses. The lawyers
knew what I was doing, but to my regret the
clients concluded that I had prejudged the case
without hearing from them. Counsel had writ-
ten a good brief, but I had not let the clients tell
me their story orally. I learned that I immediate-
ly lost the clients’ trust.

I have learned to investigate immediately if I
feel something is not going well. There was a
mediation where one side got upset and I did
not know why. An associate came out of the
room and I asked her what was going wrong,
promising it would remain confidential between
us. She told me that I was leaving the impres-
sion that I had taken sides against their client,
was not explaining why I thought their case
had weaknesses, and was not acknowledging
that they had strengths too. I did not feel that
way, so had not realized I had left that impres-
sion. I then changed my approach in her room.
I have learned not to tell either side “you’re not
listening;” it’s my responsibility to resolve the
problem (and to thank that young associate). So
if something is going wrong, counsel should just
tell me what they are experiencing. Be blunt.
Take me out in the hall and have a direct and
brutally honest discussion. We mediators grow
thick skins.

I have made the mistake of telling one side too
much good stuff about their case—“I would
rather have your case than theirs.” I later
learned that when I left the client said, “Wow,
the mediator said we have a great case, why
are we settling?” I had put counsel in a difficult
position of saying that I was too optimistic and
the case should actually be settled.

I have made the mistake of not paying enough
attention to the carrier who eventually is go-
ing to pay to settle the case. They are often the
most important person. They deserve respect,
just like everyone else, so I often ask them to sit
at the head of the table. Claims representatives
face a lot of pressure from their companies,
their insureds and counsel. They need informa-
tion and facts to obtain authority. It is my job to
make that happen, but counsel can definitely
help me keep this in mind.

In cases where a carrier representative is pres-
ent I make sure I speak to them separately. I
need to know if there are any important cover-
age issues. I can ask the entire room “are there
coverage issues?” and be told “no.” I later learn
that there are coverage issues – the only way
to find out is for me to talk to the carrier alone.
Sometimes there are attorney objections, but I
now insist. That is when I learn about the reser-
vation of rights, the remaining limits, whether
it’s a “wasting policy” (and how much is left),
and other important issues. One way to do
mediations wrong is to not have that separate
conference with the claims representative. A
mediator must actually hear what is being said (and watch body language), not just listen. The client’s job may be at stake, his relationship to his family may be at risk, his personal pride on the line. Such things can make a party reluctant to settle despite the strengths and weaknesses of their lawsuit. Counsel can help by telling me about these issues.

Such issues can become even more important—and hard to spot—in “cross cultural” mediations. Americans negotiate differently than some other nationalities; Americans from different parts of the country negotiate differently; stockbrokers negotiate differently than real estate sales people. A good mediator learns that and adapts to the parties’ styles. A Japanese company once brought its CEO and board members from Tokyo. They were quiet, listening, and willing to keep talking when all of the sudden the American East Coast lawyer started arguing like he would in other circumstances, except maybe louder. I could see the Japanese representatives stop listening and close down. The mediation was unsuccessful. Now I head that off at the pass.

I have found over the years that CEOs have no patience for mediation, so I tell them early that they will want to run out before lunch but ask them to stay engaged and trust their lawyers. Sometimes that works, sometimes not and they leave early with a promise to “leave their cell phone on.” It helps if counsel warns the CEO in advance that the pace of mediation is frustratingly slow.

I have given up too early on cases. When I was new and the parties were “too far” apart I would simply say, “You won’t settle today.” Counsel should know that in every mediation there will be “impasse,” we just have to work through it. Every day is different (but often everyone feels “too far apart and insulted” so wants to leave before noon). Fortunately, most days by 6 or 7 pm they are signing a settlement. (I think cases settle earlier during the winter because the sun goes down earlier.) If we don’t succeed the first day it helps if counsel stays in touch with me, and tells me what prevented settlement that day.

I have made the mistake of making a Mediator’s Proposal too early, so the parties do not trust it. If someone is asking for a proposal, it is usually too early. The proposal is my best estimate of what I think the parties will settle for. In confidential meetings with counsel throughout the day I get a lot of vital information about what might work. I never accept “bottom lines” (and please don’t try to fool the mediator, if you want a successful mediation). But if I have been paying attention and especially if counsel has been honest with me, I have some idea as to what might work. I also give the parties enough time to respond thoughtfully. A corporation or carrier may need a few days to evaluate what has happened.

Early mediations are a mixed bag. If we settle, then it saves costs for clients. But nothing is under oath, and attorneys cannot later rely on hearsay information from mediation. It helps to give the other side documents they will get in discovery anyway so that everyone is can go forward early, but informed.

When someone says, “I won’t negotiate against myself” I explain that they are not really negotiating with the other side, they are negotiating against a number they have in mind, probably decided even before the mediation started. You are negotiating against that secret number, so it does not matter what the other side is doing.

And a mistake I quit making years ago is to start the day with a “free for all” joint session where I do not know what is going to happen. When that joint session is over, it takes me two hours to undo the clients’ anger and bad feelings. I have joint sessions during the day, sometimes with everyone, sometimes just lawyers, sometimes with just clients without lawyers, but I
only have those sessions if I know what I want to accomplish and I only ask questions that I already know the answer to. If done right, such joint sessions are invaluable.

All counsel and clients expect the mediator to come to their case completely and totally prepared. Mediations are expensive, time consuming, and deserve the very best from the mediator. Over the years I have learned this lesson the hard way; mediation is a job that cannot be faked. (Lawyers can't fake this either.)

And one final way I learned how to do a mediation wrong. Late at night I typed up a mediator's proposal and gave it to the parties. I had changed my mind as to the number on the first draft and did a second draft. I gave the first draft to one side and the second draft to the other side (they were both still in the printer). Both sides accepted the proposal and went home to prepare the final settlement documents. The next day I had to answer some unpleasant phone calls.

But mediation is a great job and those of us who do it are blessed to have earned the Bar's trust.

Judge Cahill was a litigation partner at Bronson, Bronson & McKinnon. In 1990 he was appointed to the San Francisco Superior Court bench, and since 2000 has been a mediator and arbitrator.